



## EO LOCATION GUIDE – ESSEX MARKET

### A BIT OF HISTORY

Essex Market is New York City's most historic public market, having been a gathering place for over 100 years for the Lower East Side community. It originates from one of the original thirteen markets of 19th-century New York. The market is known for its many local shops, including grocery stores, bakeries, butchers, seafood shops, coffee vendors, cheese shops, and spice shops.

In recent years, it has been transformed into a state-of-the-art, award-winning, architect-designed space that has floor-to-ceiling windows, an impossibly high sloped ceiling, and all-new kitchens and stalls.

### THE ESSENTIALS

#### Morning coffee

- Cafe D'Avignon
- Essex Squeeze

#### Lunch options

- Shopsins
- Hero's and Villains

#### Something sweet!

- L.E.S. Ice Cream Factory
- Sugar Sweet Sunshine Bakery

#### Grocery stores & pharmacies

- Wholefoods
- CVS

#### Nearest subway stations & lines

- Delaney Street - Essex Street  
(F, M, J, Z lines) 1 min walk



*(public restrooms on site)*



### PLACES TO VISIT NEARBY

Tenement Museum – Lower East Side – Chinatown – East Village - Manhattan Bridge

### 3 COOL THINGS TO DO AFTER YOUR ENGLISH CLASS

1. Once you have sampled some of the delicious food on offer at the market, it's definitely worth visiting the nearby Tenement Museum, which brilliantly shows how immigrants on New York's lower east side lived, back in the day. After a stop at the world-famous Katz Delicatessen, you could spend the rest of the afternoon exploring the Lower East Side as it is today.
2. It's just a 15-minute walk from here to Chinatown, so this is a great place to start for lunch. Check out the bustling food markets of Chinatown, eat Pan-Fried Pork Dumplings at the Dim Sum Parlor, and then wander through Little Italy towards Nolita. There are some great boutique shops here and in nearby Soho for those who like to shop.
3. Rather than eat at the market, walk 10 minutes to North Dumplings and buy 10 for just \$3! Very tasty too in this back Street Dumpling place that has been around for ever. From here, it's a short walk to the Bowery and the chance to visit the New Museum, which has some great art exhibits. Afterwards, spend the early evening strolling through nearby Nolita.